
dangerous advice in Geohuasca guide

6 messages

J LovesNanou <love4nanou@gmail.com>
To: info@beyondtheveilmedia.com

Wed, Sep 18, 2019 at 2:22 PM

Hi,

I'd like to point out that numerous people have come to me with terrible experiences from following the dosage advice in the geohuasca guide.

Clearly, they are not aware that the guide is not intended for people who are not in the Amazon jungle brewing FRESH mimosa bark (with 90% water content).

Can you please make this 100% more clear in the guide? Like in massive letters, put, "REDUCE MIMOSA DOSE BY 10X IF USING DRY BARK".

Thanks.

Beyond The Veil <info@beyondtheveilmedia.com>
To: J LovesNanou <love4nanou@gmail.com>

Wed, Sep 18, 2019 at 8:45 PM

Hi. Thanks for the e-mail. The recipe is intended for use with dry bark. Never had anyone write with a negative reaction. Can you please forward me the e-mails?

Thanks

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J LovesNanou <love4nanou@gmail.com>
To: Beyond The Veil <info@beyondtheveilmedia.com>

Wed, Sep 18, 2019 at 9:12 PM

Sure,

But before I give you a recent anecdote, you may want to google "geohuasca". The first hit is a discussion on the DMT-nexus in which multiple people mention how outrageously high your mimosa dosage is.

If you do the math, the average mimosa that I've gotten tends to contain 2% DMT. In that case, 25g of mimosa would be 500mg DMT. Even if we are being generous and saying that we've got lame bark at 1%, that's still 250mg DMT in 25g of bark. According to Dr. Rick Strassman (DMT: The Spirit Molecule) as well as experience reports from many people on the nexus, 50mg of DMT is enough to produce a powerful ego death. I have taken up to 100mg of DMT and the psychic pain was unbearable, without gaining anything whatsoever compared to the 50mg level. You can also compare viridis dosages. 50g dry viridis leaf is a standard dosage which contains about 50mg DMT if it's good viridis.

The only reasons I can see for why this worked ok for you are 1) You didn't use enough harmalas/caapi to fully inactivate the MAO in your gut. or 2) your brewing technique was very inefficient (I've had this happen), or 3) your timing between caapi and mimosa was incorrect, so that most of the DMT was still destroyed by MAO, or 4) your brain and gut are for some reason not very sensitive to DMT.

I've helped thousands of people prepare ayahuasca, and there's actually no preparation needed on mimosa root bark powder. It works just fine as is. 2-3g is a very strong dose for most people, in line with what Dr. Strassman recommends as well as the general dosages you'll see on the nexus. There is a group of people who I work with that apparently do need insanely high doses of mimosa/DMT. That's a mystery to me as to why these folks are different. But anyway, I would never, ever recommend someone take such an insane dose unless they've slowly worked their way up and troubleshooted other factors like MAO levels and timing.

here's the latest anecdote I got from someone who tried your recipe:

"Spectat" said: "I recently tried Aya, and spent the whole time vomiting uncontrollably, and got nothing from the experience unfortunately. I made it myself following Chris Geo's "Geohuasca" recipe, which you may be familiar with.

I used 100g of Mimosa Hostilis as the DMT source, and 4g of Syrian Rue as my MAOI.

How I made it:

I brewed the MH 3 times for 3 hours each, filtering each pull through a white t-shirt. I kept checking the pH to insure it was between 3.8-3.5, and I kept checking the temperature to insure that it never wavered from 205-210° I then reduced it and put it in the fridge overnight so the sediment

would gather at the bottom. The next day I drew the top off leaving the sediment behind, then filtered that again through a white t-shirt. I was left with 16 oz of brew.

One issue I had was that during the 3rd brew cycle my pH meter became unreliable, but it took me several minutes to realize that, so I kept adding vitamin C to adjust the pH. I ended up putting way too much vitamin C in the 3rd brew. I couldn't find any info on whether that was okay, just a hand full of forum posts stating that too much vitamin C made the brew taste worse, so I proceeded with my drink as though everything was normal, I had spent the 9 hours brewing this so I didn't want to throw it away.

Before drinking I ground 4g of Syrian Rue into a powder and swallowed it with a mouth full of orange juice. This was at 5:00 PM. I laid in bed, put in ear plugs, closed the blinds, and I put on a sleeping mask. I thought eliminating external sensory input would be beneficial to the experience.

After about 30m I started feeling light and airy like a cloud, then I started to feel mildly euphoric and silly. I took this to mean that the MAOI was now throughout my system. That is when I drank 4oz of my brew.

I felt the effects of the MAOI intensify slightly, then after about 15-20 minutes later I started feeling mildly nauseous. I knew this was normal, so I tried controlled breathing to keep the brew down for at least 30 minutes. Then without warning I began vomiting loudly and aggressively. I have never felt more nauseous, or vomited so much in my life. Then I needed to shit, so I stumbled to the bathroom, which was not easy, I don't know if it was the Rue or if the brew was just starting to affect me but I was extremely disoriented, and any sensory input made the nausea intensify.

After about an hour of constant vomiting and shitting I had enough and decided I didn't want to drink any more.

Notes that may be relevant:

- A week prior to drinking, I stopped eating meat, sugars, excessively salty foods, chocolate, and stopped drinking alcohol, and coffee (and all caffeine actually). I also stopped taking all dietary supplements, except for Lions Mane.
- I made sure to get a full night's sleep every day for a week prior to drinking.
- I stopped smoking week 48hrs prior to drinking.
- For a week prior to drinking I ate mostly fruit and vegetables.
- My weight is 210lbs.
- I'm 5'11" tall.
- I'm relatively healthy, even though I have a bit of a belly.
- I do take Adderall for ADHD, but I stopped taking that for a week and a few days prior to drinking. It's my understanding that Adderall passes fully from your system after 4 days, but I didn't want to take any chances.
- I only used glass and stainless steel tools and cookware with no Teflon or other such coatings.
- on the day I drank the weather was beautiful. There was an approaching thunderstorm.

After my awful experience I saw a GordoTEK video that explains Harmalas (sp), and how to make "Pharmahuasca" which sounds like it may be a more healthy and less nauseous experience for me. Gordo recommends you as a reliable source for a quality Harmala mix as well as quality MH.

I have been researching the benefits of psychedelics for the past year or so, and the potential for development they offer. To say I'm extremely interested in trying them is an understatement. Any assistance you can provide on my journey is very welcome.

Let me know if you have any other questions for me and I'll do my best to answer them.

Thanks!

-Spectat"

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Beyond The Veil <info@beyondtheveilmedia.com>
To: J LovesNanou <love4nanou@gmail.com>

Wed, Sep 18, 2019 at 9:53 PM

Thanks for the feedback but I don't think there is a problem with the recipe or brew. As the person said, he used way too much vitamin C, acidified the brew way too much, and he did a lot of damage to his dopamine receptors with adderall and then wonders why he had a horrible experience. We've been using this brewing method for 10 years now and consistently upping the dose. I drank 400 grams in the sarcophagus of the Great Pyramid. I agree THAT is an insane dose and coupled with the fact that the Pyramid is a booster rocket, sure, it damn near killed me. I would never recommend anyone tries that. However, for a first time user, 25 grams is a good dose. The guide says to half that if they've never tried a psychedelic but even the weakest tech online doesn't go below 12 grams.

The technique is tried and tested. I agree with you, everyone is different though. I learned in Egypt that Ayahuasca was only given to the priest class for a reason, because most people can't handle it. Still, I don't feel comfortable holding back from the people who do need it because a handful of people have a bad experience.

Our recipe is for those who want to step Beyond The Veil and we've forged many warriors in the fires of themselves.

Cheers



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J LovesNanou <love4nanou@gmail.com>
To: Beyond The Veil <info@beyondtheveilmedia.com>

Wed, Sep 18, 2019 at 10:02 PM

K. Do you know what the LD-50 is for DMT?
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Beyond The Veil <info@beyondtheveilmedia.com>
To: J LovesNanou <love4nanou@gmail.com>

Wed, Sep 18, 2019 at 10:17 PM

yes
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